

# Thousand Oaks HS Proposed Bell Schedule

April 2, 2025



# Background

- For many years, TOHS has been trying to build into the structure of our school day time devoted to student intervention and support
  - Not before or after school, not at lunch - during the school day
  - Necessary element for effective professional learning communities
- Additionally, last year, teachers identified the need to have more regular collaboration time
  - Our current schedule is subject to the calendar. When there is no school on Mondays, we lose collaboration/meeting time
- This past fall, teachers began to discuss the possibility of tweaking our current schedule to create dedicated intervention time and more collaboration time without messing up the benefits of a block schedule.

# Current Schedule

Period	Monday (Anchor Day)	Tuesday (Odd Block)	Wednesday (Even Block)	Thursday (Odd Block)	Friday (Even Block)
A Period		7:20 – 8:20	7:20 – 8:20	7:20 – 8:20	7:20 – 8:20
CPT	7:40 – 8:25				
1	8:30 – 9:15	8:30 – 10:10		8:30 – 10:10	
2	9:25 – 10:10		8:30 – 10:10		8:30 – 10:10
Nutrition Break	10:10 – 10:15	10:10 – 10:15	10:10 – 10:15	10:10 – 10:15	10:10 – 10:15
3	10:25 – 11:10	10:25 – 12:00		10:25 – 12:00	
4	11:20 – 12:05		10:25 – 12:00		10:25 – 12:00
Lunch	12:05 – 12:40	12:00 – 12:35	12:00 – 12:35	12:00 – 12:35	12:00 – 12:35
5	12:50 – 1:35	12:45 – 2:20		12:45 – 2:20	
6	1:45 – 2:30		12:45 – 2:20		12:45 – 2:20
7	2:40 – 3:20	2:30 – 3:20	2:30 – 3:20	2:30 – 3:20	2:30 – 3:20

## Background (cont.)

- Fortunately, our good friends at NPHS currently use a schedule that has all of the elements that we want.
- We took NP's schedule and made some adjustments:
  - Moved collaboration time and the “office hour” to the morning

# Process To This Point

- Throughout the early fall, preliminary conversations took place at faculty and lunchtime meetings in order to identify the issues and identify potential solutions.
- Once a proposed schedule was built, faculty had a chance to review it and make comments and suggestions.
- The CVUSD Internal Auditor approved the proposed schedule on 11/14/24.
- Throughout December and January, parents and students were asked for input. Parents were presented the information at Site Council, PTSA as well as our quarterly coffee with the Principal. Specifically, we gathered information on:
  - Thoughts on the value of the office hour
  - Thoughts on the fact that “anchor days” would disappear
  - Feedback was overall positive
- The new schedule was approved on 12/12/24 when 82.5% of the faculty voted to approve it.

# Thousand Oaks High School 2025-26 Bell Schedule



## THOUSAND OAKS HIGH SCHOOL BELL SCHEDULE

MONDAY - WEDNESDAY		THURSDAY		FRIDAY	
<b>Period A</b>	<b>7:30 - 8:20</b>	<b>Period A</b>	<b>7:30 - 8:20</b>	<b>Period A</b>	<b>7:30 - 8:20</b>
<i>Passing</i>	<i>8:20 - 8:30</i>	<b>Office Hour</b>	<b>8:30 - 9:15</b>	<b>CPT</b>	<b>8:30 - 9:15</b>
<b>Period 1   2</b>	<b>8:30 - 10:10</b>	<b>Period 1   2</b>	<b>9:15 - 10:40</b>	<b>Period 1   2</b>	<b>9:15 - 10:40</b>
<i>Nutrition</i>	<i>10:10 - 10:15</i>	<i>Nutrition</i>	<i>10:40 - 10:45</i>	<i>Nutrition</i>	<i>10:40 - 10:45</i>
<i>Passing</i>	<i>10:15 - 10:25</i>	<i>Passing</i>	<i>10:45 - 10:55</i>	<i>Passing</i>	<i>10:45 - 10:55</i>
<b>Period 3   4</b>	<b>10:25 - 12:05</b>	<b>Period 3   4</b>	<b>10:55 - 12:20</b>	<b>Period 3   4</b>	<b>10:55 - 12:20</b>
<i>Lunch</i>	<i>12:05 - 12:35</i>	<i>Lunch</i>	<i>12:20 - 12:50</i>	<i>Lunch</i>	<i>12:20 - 12:50</i>
<i>Passing</i>	<i>12:35 - 12:45</i>	<i>Passing</i>	<i>12:50 - 1:00</i>	<i>Passing</i>	<i>12:50 - 1:00</i>
<b>Period 5   6</b>	<b>12:45 - 2:25</b>	<b>Period 5   6</b>	<b>1:00 - 2:25</b>	<b>Period 5   6</b>	<b>1:00 - 2:25</b>
<i>Passing</i>	<i>2:25 - 2:35</i>	<i>Passing</i>	<i>2:25 - 2:35</i>	<i>Passing</i>	<i>2:25 - 2:35</i>
<b>Period 7</b>	<b>2:35 - 3:30</b>	<b>Period 7</b>	<b>2:35 - 3:30</b>	<b>Period 7</b>	<b>2:35 - 3:30</b>

# Next Steps

- Office Hour: We will need to spend time this spring building the necessary systems to make our new office hour an invaluable part of our Professional Learning Community initiative.
- Will continue to communicate with the entire community on a weekly basis regarding our schedule for the week.
- Will create annual magnets with the daily schedules.

# Questions?